

Suggested Packing List

ESSENTIAL

Travel Items

- ☐ international travel documents (i.e. passport, visa, etc.)
- ☐ photocopy of front page of passport (kept in a separate place from passport)
- ☐ wallet (credit cards, bank cards & ID)
- ☐ cash for incidentals & leader gratuities
- ☐ airline tickets/e-ticket confirmation details
- ☐ sealable, quart-size plastic bags for stowing small liquid containers, swimsuit, etc.
- ☐ toiletries (including sunscreen & lip ointment)
- ☐ medications & copies of prescriptions
- ☐ list of important addresses & contact numbers

Biking Clothing & Gear

- ☐ biking shoes (& pedals) or stiff-soled sneakers
- ☐ biking socks
- ☐ biking shorts (preferably with padding/chamois)
- ☐ short-sleeved biking jerseys
- ☐ non-cotton base layers of varying weights
- ☐ short-fingered biking gloves
- ☐ sunglasses (with retention strap)
- ☐ lightweight biking jacket or vest

Active Clothing (Non-Biking)

- ☐ walking/hiking shorts and/or lightweight pants
- ☐ walking/running shoes
- ☐ hat with brim, bandana or sweatband
- ☐ swimsuit

Non-Active Clothing

- ☐ clothing & shoes for downtime & restaurants
- ☐ lightweight jacket (like fleece) or warm sweater
- ☐ warm hat

Backroads provides water bottles & cyclometers or GPS device.

LUGGAGE REMINDERS

Please limit your luggage to one medium-sized suitcase (we recommend 25"–28", preferably not hard case) and one small carry-on bag. Be sure to mark your luggage with your contact information.

Rain Gear & Cold Weather Clothing

You may not need all of the items listed here, but they are necessary to stay comfortable in case of rain or unseasonably cold weather.

- ☐ waterproof (breathable) rain jacket & pants
- ☐ arm & knee/leg warmers (for biking)
- ☐ toe covers/booties (worn over bike shoes)
- ☐ waterproof/water-resistant warm gloves
- ☐ lightweight, but warm, cap that fits under helmet (skullcap) or headband that covers ears

OPTIONAL

- ☐ camera & charger (**remember to enter our Guest Photo Contest!**)
- ☐ cell phone & charger
- ☐ voltage converter/plug adapter (if applicable)
- ☐ alarm clock
- ☐ helmet and/or saddle (if you prefer your own)
- ☐ bike mirror
- ☐ clear glasses/replaceable lenses for rainy days
- ☐ sport sandals
- ☐ notebook/travel journal & pens
- ☐ guide book and/or field guides
- ☐ local language dictionary/phrase book (if applicable)
- ☐ reading material
- ☐ earplugs

FOR ROUBAIX/RUBY RENTERS

Bike Gear

- ☐ your own set of pedals & biking shoes (optional)
- ☐ small pack to carry camera, jacket, etc., as these bikes are not equipped with handlebar or rear rack bags

Note: Roubaix/Ruby is equipped with CO₂ inflator cartridges, tire irons, tubes & seat bag.

GREAT GEAR VENDORS

For a list of some of our favorite gear and gadget retailers, visit www.backroads.com/gearup.

QUESTIONS? Call 800-462-2848